

U3A Long Walk Thursday 15th January 2015: Ockbrook- just under 8 miles

Meet at **Bramcote Hills Car Park at 9.30am**

Park on the road by Ockbrook Church

We walk up from Ockbrook through the Moravian Settlement, towards Spondon (good views towards the Loughborough Hills from the viewpoint at the top, weather permitting). We then walk across fields (likely to be muddy in parts) to Locko Park and through its grounds. The walk continues towards Dale Abbey.

Our lunch stop at approx. midday will be at Hollies Farm Cafe. As long as most of us buy a drink (hot and cold drinks, including alcohol available), the cafe are happy for us to eat our own sandwiches on their outside picnic benches, which solves the problem of trying to find somewhere not too wet and muddy to sit in mid-January. If anyone wants to buy food there (soups, baguettes, cakes etc), they are welcome to sit inside the cafe, of course. We can also use the toilets there, which are very nice.

We then continue again towards Dale Abbey, but instead of arriving in the village, we climb up through the woods and head back past Piggin Wood and across fields back to Ockbrook (good views again, weather permitting).

This is a mainly gentle walk of just under 8 miles, with few hills. However, there are some stiles to climb and it is likely to be muddy in places. The only toilets en route are at the lunchtime cafe.

If you would like to join us, please let Sue Blackley know by phone or email:

susanblackley@hotmail.com 0115 925 0235

Hope to see you there,

Anne Pinnock and Sue Blackley